

COOKS' CLASSES at El Piano in 2007

The **HAND** series was launched in 2002. The success of these cookbooks now allows us to bring you cooking courses from the writers!

COOKING WITH CHILDREN £38 per pair

Aug 6 or 13. 9.30am - 1.30pm. 1 adult/1 child (4-12yrs)

Simple one pot meals - with a focus on savoury. Everybody gets to cook!

DESSERTS FOR PEOPLE ON RESTRICTED DIETS- £25 pp

Aug 6 or 13. 5.30pm - 9.30pm.

Gluten-free, sugarless and dairy free options. Bring your favourite recipe & let us adjust it for you!

USING FLOURS - 2 days - £45 pp

Aug 14 & 15. 5.30pm - 9.30pm

For the experienced cook and the novice - how flours work and how to use different ones.

LOW FAT LOW SALT - TRICKS WITH TASTE - £25pp

Aug 7 or 8. 5.30pm - 9.30pm

Eating more healthily without sacrificing flavour

FESTIVE FARE - £45

Oct 15 or Nov 11. 5.30pm - 10.30pm.

Whatever the restrictions, make this class suit you... email us with any eating limits and we will come prepared with seasonal menus to cook.

- Numbers are limited to 10 per class. Prices include tuition, ingredients, a HAND series title (retails@ £9.95) your training pack and lunch OR supper at El Piano.
- Fees are payable with booking and are non-refundable. Anyone unable to attend may redeem their fee for an El Piano voucher of equal value, valid for food or goods.
- We can suggest overnight accommodation if required.

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